

Jump & Run CANYONING:

Will be provided by Mountain Sports:

<input type="checkbox"/> Canyoning harness with carabines, Y- safety	<input type="checkbox"/> Neoprene socks
<input type="checkbox"/> Climbing helmet	<input type="checkbox"/> Five Ten canyoning shoes sizes 37 - 48
<input type="checkbox"/> 5mm wetsuit, one piece with hood	

Gear items to be brought by the participants:

<input type="checkbox"/> Personal medication	<input type="checkbox"/> Cash
<input type="checkbox"/> Swimwear	<input type="checkbox"/> <u>Recommended:</u>
<input type="checkbox"/> Towel	Rescue costs insurance (AV, VISA, ADAC, etc.)
<input type="checkbox"/> Warm clothing for afterwards, depending on the season	<input type="checkbox"/> Underwater camera
<input type="checkbox"/> Lace for eyeglasses – can be bought in the MSP shop	

Photoservice:

Your personal adventure pictures for € 10,- per person per Link.