

Mount Elbrus 5642m

Ascending one of the Seven Summits

The Elbrus at 5642 metres is the highest point of the European continent and is one of the famous Seven Summits. The ascent from the south is due to the well-developed infrastructure and the comfortable and beautiful accommodations the most popular among mountaineers. We will climb the west summit (5.642m) which is 21m higher than the east summit. The tour takes eight days altogether, with one day planned as an extra in case of bad weather. With four or more participants the tour will be guided by Bernhard or one of our mountain guides, this guarantees German-speaking support (of course our guides also speak English). A local Russian/German speaking mountain guide, who knows the Elbrus and the surrounding area like the back of his hand will also accompany the tour, thus providing optimal support. There will be at least one mountain guide per four participants. This maximizes the chance of reaching the summit, in case a participant should wish to turn back. It also enables us to consider the different abilities of all participants. We work with the agency GoElbrus for the ascent of Elbrus. GoElbrus reliably takes care of the onsite organisation and the requirements for our visas.

The program:

Day 1:

Arrival in Mineralnye Vody. Meeting all participants and catching the transfer to Terskol in Baksan Valley (approx. 4 hrs.). Overnight stay in a hotel in double or triple bedrooms with shower/WC.

Day 2:

Acclimatisation tour to a beautiful waterfall and an observatory at 3100m. In good weather conditions there is a magnificent panoramic view to enjoy. On one side you can see the two Elbrus mountains tops and on the other side the mighty Dongus-Orun rises (duration approx. 7 hrs., +/-900m).

In good weather conditions there is an option to take the ski lift to 3800 m and do a short hike to help improve height acclimatisation. Overnight stay as the day before.

Day 3:

We are going by a ski lift to a mountain hut at approx. 3.800m. Items which are not needed may be deposited at the hotel. After a short tea break, continue to the Prijut 11 and higher (approx. 4.300m). The fit and the strong can then ascend even further. The overnight stay will be in one of our modern huts (close to the old Botschki) in multi-bedrooms (approx. 3 hrs. ascent).

Day 4:

An acclimatisation ascent to the Pastuchov Rock at approx. 4.800m. Depending on the ability of participants it may be possible to ascend even further (approx. 8 hrs.) Overnight stay in our hut.

Day 5:

Recovery day and further acclimatisation to gather strength for the very challenging summit tour. Another equipment check. Available on request a short tour of the surrounding area is possible (up to approx. 4300m). Ability and weather conditions permitting, the summit ascent may also take place. The decision will be made at short notice according to the conditions. Overnight stay in our hut.

Day 6:

Summit day. We will rise early (approx. at 02:00). It can be very cold and wind, but also pleasantly mild and calm. We will leave our accommodation at approx. 03:00, to experience the sunrise at about the height of the Pastuchov Rock. It is also possible to go by snow cat to the Pastuchov Rock, depending on the group requirements. Overnight stay as the day before.

Ascent approx. 10 hrs. - descent approx. 4 hrs. +/-1840hm.

Day 7:

Reserve day. If the summit ascent was successful on the 6th day, descend to the hotel in Baksan Valley and recover by going on a pleasant hike in the surrounding area. Otherwise the day will be more strenuous: ascend by snow cat to the Pastuchov Rock, climb the summit, then down to the cable car for the decent to the valley. Overnight stay in an hotel in Terskol.

Day 8:

Group transfer to Mineralnye Wody and individual return flights. Travel time approx. 3-4 hrs. 190km.

Important to know ...

Accommodation:

Hotel in Terskol, Hut

Meeting point:

According to arrangement in Mineralnye Vody

Requirements:

Mountaineering experience is an advantage and very helpful. The tour is particularly demanding due to the height and the glaciated summit structure. Slopes with more than 30° steepness require confident and secure walking with crampons. Although a crevasse fall is very unlikely it is necessary to be roped up for part of the walk. A strong and healthy physical condition is essential in order to master 1900 metres of altitude up to a height of 5642m on the summit. Support by a snow cat is not guaranteed. The mountain guide will accompany and support where possible, but the tour should not be regarded as guided in the classic sense (e.g. in the Alps fully supported on the mountain guide's rope to the summit and back).

Equipment:

You will receive an individual packing list by email

Weather:

Weather and snow conditions can be extreme in the mountains. Two till three days before we arrive, we will check the current weather forecast and the conditions in the area we are going. You will be informed immediately if there are any changes to the plan.

Guidance:

Mountain Sports Guides - you will receive the mobile number of your mountain guide shortly before the trip. This number is intended only for urgent matters. For all further questions and inquiries please contact our Alpine office using the following mobile number +43 664 312 02 66.

Apps:

ape@map, www.lawine.at, www.zamg.ac.at

Our services:

Included:

Requirements for visas
Registration and formalities on site
Group transfer from and to the airport in Mineralny Vody
Stay in a hotel in Terskol, double or triple-bedrooms, dormitory in the mountain hut
Full board on the mountain, at least half board in the valley
Mountain guide from Mountain Sports Zillertal as contact person and escort from Mineralny Vody and an assisting mountain guide for the summit day (one mountain guide for four guests)
National Park fees
Summit certificate

Not included:

Arrival/Flight to Mineralny Vody
Visa for Russia, costs approx. € 80, - per person (must be applied for by the participants in due time at the Russian representation in their home country).
The Visa can also be organised by us for a fee
Additional payment for a single room in the hotel
Snow cat ride on the summit day approx. € 70, - (the exact cost depends on the number of guests)
Cable car rides
Taxi from/to airport for earlier or later arrival/departure (approx. € 100, -)
European travel insurance – on request, we can send you an offer

Minimum number of participants:

From 5 people

General terms of conditions:

Please check the general terms of conditions on our website

Safety Concept:

Our courses are led by qualified mountain guides IVBV. In order to keep up with the latest knowledge, regular further training is compulsory. In this way we offer the greatest possible safety. We are a member of the Austrian Alpine Schools Association.

Thank you for your interest in Mountain Sports

To ensure that your tour runs smoothly from booking to execution, we kindly ask you to consider the following:

Decide which is your optimal course or tour. Read the detailed programs carefully: Requirements, dates, costs, meeting point, number of participants, etc.

Once you have decided which tour, you can register online, by email or phone.

Go through the equipment list and tell us what you would like to rent at Mountain Sports.

The booking becomes legally valid upon receipt of your registration by Mountain Sports. If the execution of the tour is uncertain due to the minimum number of participants not yet reached, we will inform you immediately.

Payment must be made up to 20 days before the start of the tour. Exception: Tours with separate regulations.