MOUNTAINSPORTS

Ski touring equipment

Equipment

- * LVS device (avalanche transceiver)
- * Avalanche shovel and probe
- Touring skis with matching climbing skins (appr. 85mm waist width)
- Ski touring boots
- o Telescopic poles with large baskets
- Touring backpack appr. 30L
- o Lightweight touring helmet

You bring that with you

- o Functional underwear
- Short/long-sleeved functional T-shirt
- Performance socks
- Compact and lightweight insulation jacket, preferably with a hood, with Primaloft or down filling
- Touring pants made of softshell/Windstopper
- Windproof jacket with Gore-Tex
- Warm gloves, additionally thin gloves
- o Warm hat, headband, buff
- Sunglasses, ski goggles

Hut accommodation

- Personal medications
- o Small microfiber towel
- Toothbrush & toothpaste
- Hut sleeping bag
- o Change of clothes, headlamp

High-altitude climbing harness

- * 2 HMS carabiners, 2 standard carabiners
- * 1 ice screw
- * 1 carabiner with triple locking mechanism
- * Crampons
- * Lightweight ice axe

Food

- Lightweight thermos bottle for 1L
- Bars, nuts, chocolate

Your preparation is important to us

Choose functional clothing that efficiently transports moisture to the outside. Apply the layering principle so you can react optimally to temperature fluctuations. Don't pack too much; you'll be amazed at how little you really need. We recommend backpacks with a volume of approximately 30 liters.

Rental Equipment

* The emergency avalanche equipment consists of: backpack, avalanche transceiver, avalanche shovel, avalanche probe, and for glaciated terrain, we also provide high-altitude climbing equipment.

* You can rent the ABS backpack cost-effectively from our alpine school.